## WELCOME BACK TO ...



Welcome back, friends! I am super excited to bring you the second email in this series to help you get even closer to planting those flowers! So many of you have been sharing your seed purchases and sending your ideas for where you'll plant and I just can't contain my excitement for you!

I truly came alive in my 10x3 flower garden just two years ago and I cannot wait for you to experience that same magic! And get ready, because with Springtime finally upon us, it won't be long until you're enjoying those stunning blooms.



Today is all about preparing your soil and I'm going to let you in on a littleknown secret in the flower farming world. Are you ready?

You don't need fancy equipment or heavy machinery to grow flowers. Does it help? Sure! Is it needed? Absolutely not! We had the help of our friendly family farmer to dig up our fields with their tractor and then beyond that, we planted nearly an acre of flowers with nothing more than our hands and a good old fashioned garden hoe.

And lucky for you, you're simply mastering a 10x3 space this season, so trust me, tons of equipment is not required! Grab yourself a garden hoe or shovel and let's get down to work!



Again, ignore the heavy equipment above, and let's stick to the very basics, shall we?

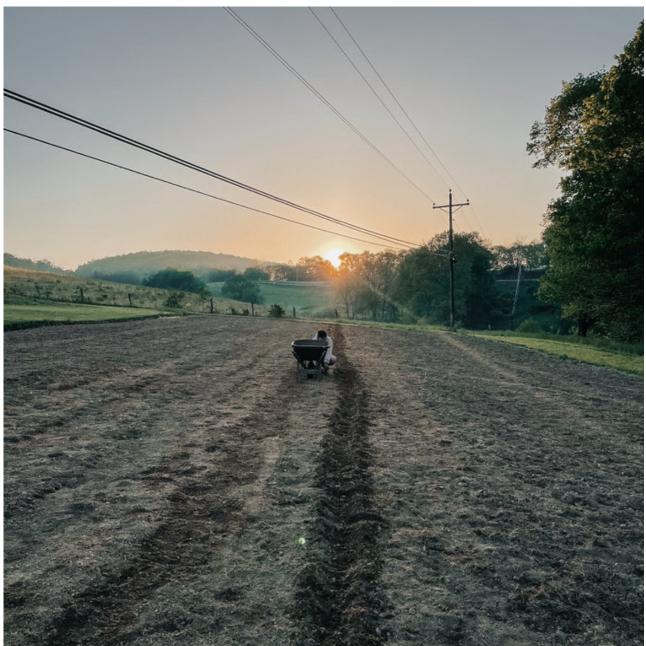
By now, you should know exactly where you want to grow your flowers so it's finally time to get down and dirty, no matter what growing zone you find yourself in.

If you are growing your flowers in a space that is currently covered in grass, now is a great time to kill that 10x3 patch. To avoid using any toxic grass killers, you have a few options.

1. Using your shovel or garden hoe and your supernatural strength, dig up your 10x3 patch of grass and haul it away in the wheelbarrow.

- 2. Save all of the boxes from your Amazon deliveries, piece together enough flat pieces of cardboard to create a 10x3 rectangle, and place it over your desired area for the next few weeks. You'll still need to hoe the dead grass away when you're ready to plant, but killing the grass ahead of time will make it much easier on you!
- 3. Try the table salt trick. Simply map out your 10x3 space and sprinkle rock or table salt over the area and water it in. You'll also need to remove the dead grass with your garden hoe using this method to make a clear space for your seed planting!
- 4. Using a rototiller is obviously a great option if you have one or have access to one, but it's not necessary for this size space!

Or maybe you have your own tried and true method for eliminating grass and preparing a plot of land. No matter how you do it, you want to get rid of it before you start planting so that your seeds aren't competing with anything else!



Once you've eliminated your grass and you're looking at bare soil, you'll want to assess it to make sure it's healthy.

For us, we send our soil away to have it studied and add in missing nutrients it's lacking, but this honestly isn't necessary for you! When I planted my first 10x3 flower garden I grew my flowers in the clay filler they used to fill in our foundation and my flowers still flourished!

For this step, I simply mean, take a visual assessment of your soil. Is it hard and clay-like? Do you feel like you could never loosen it enough to plant seeds? If so, simply head to your local garden store and grab a bag or 2 of garden soil and

mix it in with your existing soil simply to give your seeds enough healthy soil to attach to once they germinate.

If you're looking at lush soil that you can dig around in and sink your hands into, you likely are good to go without adding in additional soil, but you can never go wrong with adding a bit of store-bought soil as it typically has added nutrients and fertilixers that your flowers will love.

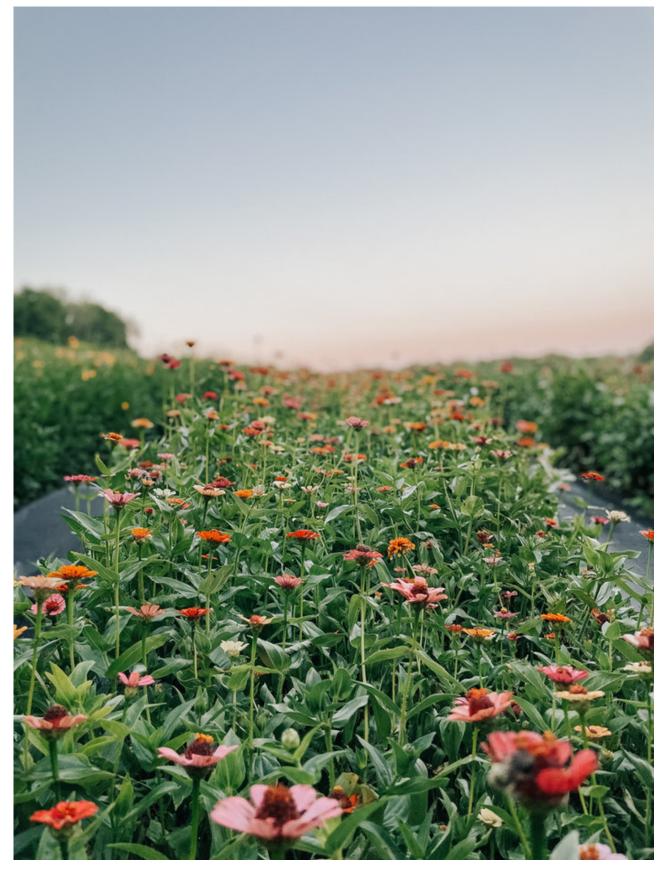
One thing you can never go wrong with doing is adding compost to your soil. We use a mushroom compost that we get from a local supplier, but this is something you can find at your local garden store as well. You don't need to purchase a ton either. A little goes a long way and you'll simply mix it in with your existing soil.

We have never used this brand, but we have heard great things about it if you're looking for an affordable option delivered right to your door.

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One thing you may be tempted to do right from the start is to apply mulch to your flower bed. You can absolutely add in mulch, but don't do it yet! I'll be sharing later when it's the best time to add mulch if that's something you're wanting to do!



Whatever you do, please don't stress about this part! Use what you have and work within your means! This isn't a master gardening course. If all you do is plant your seeds in the grass-covered ground, I am certain something will still

find a way to grow! There are absolutely measures to take to give you the best blooms possible that could win you awards in garden shows, but that's not our goal here.

God has already given us everything we need with soil, seeds, sun, and water.

He'll take care of the rest, I'm certain of it!

Enjoy this step of the process and please reach out with any and all questions!

Next week we will finally get to the good stuff - planting our seeds! So be sure to stay tuned for that email drop! As always, don't forget to check your spam, I don't want you to miss the best part!

With Salt + Light, Mallory

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